

Condé Nast Traveller

SPA SPECIAL

MARCH 2009 NUMBER SEVEN

READERS' SPA AWARDS 2009

The best spas in the world

Town and country retreats in the UK and abroad

City slickers

47 urban day spas from Milan to New York

The new sun gods

The doctors who make your skin look younger

PLUS

Dream on: how to get the perfect night's sleep

in association with

ESPA

Readers' Spa Awards 2009

The spa at The Standard,
Miami Beach, your
favourite hotel spa in the
Americas & Caribbean



Your choice of the world's best spas

Welcome to our sixth annual Readers' Spa Awards. Last autumn we asked you to visit our website at www.cntraveller.com and tell us where you most like to go to relax, detox and generally soothe away the stresses of the world – something we need more than ever right now. You nominated your favourite spas, from sassy urban day spas to glorious countryside retreats. Here we reveal the winners in each of the 11 categories, and rank the highest scorers overall in the world's top 25.



Readers' Spa Awards 2009



The Americas & Caribbean

- 1 The Standard Spa, The Standard, Miami Beach, USA 94.81**
- 2 The Peninsula Spa by ESPA, The Peninsula Chicago, USA 94.42**
- 2 COMO Shambhala at Parrot Cay, Turks & Caicos 94.42**
- 4 The Spa at Mandarin Oriental, Miami, USA 94.22**
- 5 Blue Spa, Carlisle Bay, Antigua 93.38**
- 6 The Spa at Sandy Lane, Barbados 90.25**
- 7 The Spa at Esperanza, Los Cabos, Mexico 89.67**
- 8 The Spa at Four Seasons Resort Whistler, Canada 89.60**
- 9 The Spa at Mandarin Oriental, New York, USA 87.43**
- 10 Sense, a Rosewood Spa, Rosewood Little Dix Bay, Virgin Gorda, British Virgin Islands 87.37**



Hotel spas